

**FULL MENU ALLERGEN MATRIX**

**Prepared by**

Tom Davies

	CEREAL				MARINE LIFE							NUTS	
MENU ITEM	WHEAT	GLUTEN	MILK	EGG	FISH	MOLLUSCS / CRUSTACEA	ONION / GARLIC	SOY	SESAME	SULPHITES	LUPIN	PEANUTS	TREE NUTS* (Specify nut type)
<b>SNACKS</b>													
Red Guacamole*							X		X	X			
Chile con Queso*			X				X						
Totopos*							X						
Esquites			X										
Esquites (Vegan)													
<b>SHARING</b>													
The Sampler*			X				X			X			
Snapper Ceviche*					X		X	X	X	X			
Palm Ceviche (Vegan)*							X	X					
MD Fried Chicken*			X	X			X	X	X				
Crispy Cauliflower*									X				
Queso Nachos*			X				X						
Fries*													

DATE: 23/04/2024

LEGEND: X – denotes the presence of an allergen. The allergen is within the product as a direct source or within the ingredients used.  
\* - items donated with an asterisk are cooked or have a component cooked in the fryer and have a cross contamination risk from sesame, fish, egg, milk and soy.

**\*\*PLEASE ADVISE WAIT STAFF OF ANY ALLERGIES\*\***

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TACOS													
Quesa Birria			X				X						
Mushroom Quesa Birria							X	X		X			
Baja Fish*					X		X	X	X				
Crispy Cauliflower*							X		X				
Carnitas							X						
Grilled Chicken							X						
Chorizo			X				X						
MAIN													
Fajita - Chicken			X				X						
Fajita - Vegetarian			X				X						
Fajita - Vegan							X					X	Cashews
Pancita							X	X					
Carne Asada							X	X	X	X			

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<b>BURRITOS***</b>													
Regular	X	X	X				X						
Regular – Vegan	X	X					X					X	Cashews
Regular – Gluten Free			X				X						
<b>BURRITO BOWLS***</b>													
Regular			X				X						
Regular – Vegan							X					X	Cashews
<b>***PLUS FILLING BELOW</b>													
<b>PROTEINS / VEG</b>													
Pork Carnitas							X						
Grilled Chicken							X						
Beef Barbacoa							X						
Chorizo													
Fried Chicken*				X			X	X	X				
Baja Fish*					X		X	X					
Crispy Cauliflower*							X		X				
Mushroom Asada							X	X		X			
<b>SIDES</b>													
Rice & Beans							X						
Avocado													
Tortillas													
Totopos*													

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<b>Kids</b>													
Queso Tacos Chicken			X				X						
Queso Tacos Mushroom			X				X	X		X			
Mini Burrito Chicken	X	X	X				X						
Mini Burrito Mushroom	X	X	X				X	X		X			
Mini GF Burrito Chicken			X				X						
Mini GF Burrito Mushroom			X				X	X		X			
<b>Salsas / Sauces</b>													
Salsa Flight							X		X	X			
Salsa Verde							X						
Salsa Escondida							X						
Salsa Macha							X		X	X			
Salsa Habanero													
Chipotle Mayo (Vegan)							X						
Pico De Gallo							X						
Buttermilk Ranch			X										
Crema			X										
Crema Vegan												X	Cashews
<b>Desserts</b>													
Churros*			X	X									
Churros* (Vegan)													

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